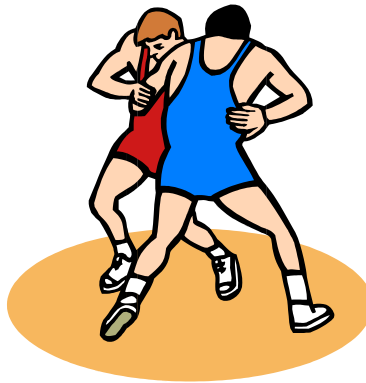


2010 SHORE CONFERENCE WRESTLING TOURNAMENT



January 27 & January 30, 2010

Kim DeGraw-Cole, Tournament Director

Southern Regional High School

90 Cedar Bridge Rd.

Manahawkin, NJ 08050

Phone: 609-597-9481 x 4355

Fax: 609-978-5396/Cell: 609-290-9556

Email: kdegrow-cole@srsd.net



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**ATTENTION: ATHLETIC DIRECTORS AND
WRESTLING COACHES**

REMINDER: THESE ITEMS ARE DUE

ITEM	PAGE	DUE DATE
1. \$80 Entry Fee	6	ASAP Mail to Walt Reiser
2. Referee List	15	January 7, 2010 To Kim DeGraw-Cole
3. Roster Form	List of wrestlers	January 13, 2010 To Kim DeGraw-Cole
4. Admission Roster	12	January 13, 2010 To Kim DeGraw-Cole
5. Medical Release	13	At Weigh-Ins January 27 & January 30, 2010
6. Seeding Committee Selection	7 & 8	2 nd year

To: All Athletic Directors, Wrestling Coaches
From: Kim DeGraw-Cole, Shore Conference Wrestling Tournament Director
Re: Shore Conference Wrestling Tournament
Date: January 2010

Enclosed you will find the following information regarding the 2010 Shore Conference Wrestling Tournament.

1. General Information - Pages 2 - 6
2. Tie Breaker Criteria for Team Advancement - See Page 12
3. Admission roster – Page 13
4. Medical Release – Page 14
5. Items to return – Page 2

An entry fee of eighty dollars (\$80) is requested to offset the cost of using two referees for the quarter final round. Therefore, if you are participating, a check in the amount of eighty dollars (\$80) made payable to the Shore Conference should be sent to Shore Conference Treasurer, Walt Reiser, at your earliest convenience. Please note on the check that the fee is for Shore Conference Wrestling.

If you have any questions, please feel free to contact me. Thank you for your cooperation.

<p style="text-align: center;">Note: Admission Rosters are due to the Tournament Director on Wednesday, January 13, 2010</p>

- I. The Tournament will consist of a 16-team bracket. Entry will be limited to member teams. However, participation is voluntary.
- II. Seeding will be done by a committee of coaches selected by the head wrestling coaches of the conference. Each conference division will elect one coach to serve on the committee for a period of two years.

III. SITES:

WEDNESDAY Seeds number 1, 2, 3 and 4 will each host four teams.

January 27 First matches will be at 5:00 PM on two mats. At 7:00 PM the winners will meet in the quarterfinal round. The losers will be out of the tournament. They may, if they wish, have another meet this week.

Weigh-Ins: Official weigh-ins will begin at all four sites promptly at 3:30 p.m. Since January 25th marks the date when the two-pound growth allowance becomes effective, the two-pound growth allowance will be in effect for the semi-finals/final weigh-in.

- IV. There will be two scales available for the weigh-ins. If a contestant does not make weight on one scale, he will be given one opportunity to make weight on the other scale.
- V. All teams must be present for the beginning of the weigh-in period. The teams will be weighed-in by weight class, not by teams, beginning with the 103-pound weight class. Each contestant will have two opportunities to make weight on scale one. If said wrestler does not make weight on scale one, he may attempt to make weight on the scale two.
- VI. Weigh-ins: The official weigh-in period will begin promptly at 3:30 p.m. on Wednesday, January 27th, and the weigh master shall strictly follow the tournament weigh-in guidelines. As per the state rules interpreter, all four teams weighing-in at your site should begin the official weigh-ins together promptly at 3:30 p.m. Weigh-ins will begin with the lightest weight class and will progress to the 275-pound weight class. If a team arrives late, they will immediately begin the weigh-in process at whatever weight the weigh-in is at upon arrival.
- VII. Wednesday, January 27th Weight Class Bout : The draw will occur at the site of the #1 seed on Wednesday, January 27th and be the same at all four sites for the First Round and Quarter Finals (next weight). On Saturday, a draw will occur for the semi and finals after the weigh-in have concluded. (next weight in finals)

SATURDAY - At 3:00 PM the semi-final round will take place at Southern Regional High School. Two mats will be used with two officials on each mat.
January 30th

Weigh-Ins: Official weigh-ins for all four teams will begin promptly at 1:00 p.m. The same procedures that were in effect on Wednesday, January 27th will be followed. Please see items III, IV, V and VII above. Since January 24th marks the date when the two-pound growth allowance becomes effect e, the two –pound growth allowance will be in effect for the semi-finals/finals weight-in.

FINALS - 5:30 PM - Two officials.

- VIII.** Coaches must present their weigh-in roster sheets to the weigh master at weigh-in time. At the end of the weigh-in period these sheets will be photocopied and distributed to the four coaches present.
- IX.** Officials - One official for the preliminary matches and two for all matches in the quarterfinal, semifinal and final rounds.
- X.** TIME LINE:

ITEM	DUE DATE
Intent forms to member schools	All entered unless withdrawal form utilized
Referee List	January 13, 2010
Seeding Committee Selection	2 nd year
Admission Roster	January 13, 2010
Seeding meeting at Southern Regional High School, 11/12 Bldg. – Room 107, 7:30 p.m.	January 25, 2010
Medical Release-at weigh-ins	January 27 & January 30, 2010
First two rounds of tournament	January 27, 2010
Semi-finals and final at Southern Regional High School	January 30, 2010

XI. INCLEMENT WEATHER SCHEDULE

1. If school is canceled on Wednesday, January 27, the schedule will be:
Thursday - same as Wednesday
Saturday - same as scheduled
2. If there is inclement weather on Saturday, January 30, the schedule will be:
Sunday - same as Saturday

Note: It is almost impossible to make an inclement weather schedule of this kind since so many variables exist at the different sites. The tournament director, with advice from the Executive Committee, will make decisions regarding unusual circumstances.

XII. ENTRY FEE:

There will be an entry fee of \$80 per team. Please send a check, payable to Shore Conference, to the address below. Also, please indicate on the check that it is for wrestling.

**WALT REISER - RUMSON FAIR HAVEN HIGH SCHOOL
74 RIDGE ROAD - RUMSON, NJ 07760**

XIII. TICKET AND PASS INFORMATION

Only Gold Passes accepted. Others admitted as per attached admission roster.

Ticket prices:

\$5.00 for Adults

\$3.00 for Students

<p>ADMISSION ROSTER - The completed admission roster (See Page 13) is due on January 13, 2010.</p>



2010 SHORE CONFERENCE WRESTLING TOURNAMENT

Kim DeGraw-Cole, Tournament Director
Southern Regional High School,
90 Cedar Bridge Rd.
Manahawkin, NJ 08050
Phone: 609-597-9481
Fax: 609-978-5396/Cell: 609-290-9556
Email: kdegrow-cole@srsd.net

To:

A-North	John Gagliano	Howell
A-Central	Rob Nucci	Raritan
A-South	John Stout	Southern Regional
B-North	Dan George	Long Branch
B-Central	Zach Miers	Shore
B-South	Brett Tullo	Pinelands
Non-Voting:	Kim DeGraw-Cole Jerry Tabbacchino	Chairperson Asst. Coach, S.R.H.S.

From: Kim DeGraw-Cole, Tournament Director

Re: Shore Conference Wrestling Seeding Meeting

Date: January 4, 2010

As coaches selected to serve on the Shore Conference Team Championship Tournament Seeding Committee, you are herein invited to the Seeding Committee meeting. The committee will meet at 7:30 p.m. on Monday, January 25, 2010 in the Southern Regional High School, Room 107, 11/12 Building. Refreshments will be provided. **If this presents a problem to you, please advise me at once.**

As representatives of your conference division, you will be expected to come to the meeting knowledgeable with regard to the teams in your division. Please keep in mind the seeding criteria on the next page when gathering this information.

cc: Jim Rochford

In seeding the teams we are considering the following criteria. These are the same criteria that the Shore Conference Wrestling Tournament has used in the past. In no particular order the criteria are as follows:

- Overall record
- Head to head competition
- Strength of schedule
- Common opponents
- Division winner
- Significant losses
- Significant wins

By 10:00 a.m. on Monday, January 25th, I would like you to fax to me your ranking of the top 20 teams in the conference, ranked from 1 to 20. This way I will be able to prepare the grid ahead of time as well as preview the rankings for conflicts. My fax number is 609-978-5396. (I will send the grid under separate cover).

Be prepared to come to the seeding meeting and give a summary of the teams in your conference division. It is your responsibility to contact all coaches in your division for their input. This summary should include information regarding wins and losses and any other information that you feel is relevant to the correct seeding of the tournament with respect to your divisional teams.

I look forward to working with you. I'll see you on January 25th.

SEEDING FORM

TEAM	RECORD	AS	AN	BS	BN	AC	BC	TOTAL	SEED
C.B.A.									
Howell									
Manalapan									
Marlboro									
Middletown No.									
Middletown So.									
Ocean									
Brick Memorial									
Brick Township									
Jackson									
Southern									
Toms River East									
Toms River North									
Freehold Boro									
Long Branch									
Monmouth									
Red Bank									
Wall									
Central									
Manchester									
Pt Boro									
Matawan									
Raritan									
Keansburg									
Keyport									
Pt. Beach									
Rumson									
St. Rose									

(This updated form will be faxed to you prior to the seeding meeting)

To: Athletic Directors and Wrestling Coaches
From: Kim DeGraw-Cole
**Re: National Federation Rules Pertaining to Wrestlers
Appearance and Health**
Date: January 2010

In preparing for the upcoming Shore Conference Wrestling Tournament, I want to draw your attention to areas of the National Federation Rules related to the health and appearance of high school wrestlers. These portions of the rules are as follows:

- (1) Rule 4, section 2
- (2) Rule 3, section 1, article 4

The above cited articles both deal with skin conditions/health.

To: Athletic Directors
Head Wrestling Coaches
From: Kim DeGraw-Cole, Tournament Director
Subject: Formula for Tie Breaking as it Pertains to Team Advancement (NFHS Rules)
Rule 9-2-2, Page 48 & 49, NFHS, Rule Book

.....

**THE SAME TIE BREAKING FORMULA WILL BE USED THAT IS USED
FOR THE NJSIAA TEAM CHAMPIONSHIPS.**

As per the tie breaker-advancement procedures for the State Group Sectional Tournament, the following criteria will be used for the advancement if a tie exists between two teams in the Shore Conference Preliminary, Quarterfinal, or Semifinal rounds.

The criteria will be in effect in this listed order:

1. The team whose opposing wrestler(s) or team has been penalized the greater number of team points for flagrant or unsportsmanlike conduct, shall advance.
2. The team whose opposing wrestlers or team personnel has been penalized the greater number of team point deductions shall be declared the winner.
3. The team having won the greater number of matches (including forfeits) shall be declared the winner.
4. The team having accumulated the greater total number of falls, defaults, forfeits and disqualifications shall be declared the winner.
5. The team having the greater number of technical falls shall be declared the winner.
6. The team having the greater number of major decisions shall be declared the winner.
7. The team having the greater number (total match points) of first-point(s) scored shall be declared the winner.
8. The team having the greater number of points for near-falls shall be declared the winner.
9. The team having the greater number of takedowns shall be declared the winner.
10. The team having the greater number of reversals shall be declared the winner.
11. The team having the greater number of escapes shall be declared the winner.
12. The team whose opponent has been penalized the greater number of points for stalling.
13. The team whose opponent has been warned more often for stalling.
14. The team whose opponent has the greater number of points for all other infractions (i.e. false starts)
15. If none of the above resolves the tie, a flip of a disk will determine the winner.

Upon determining the winning team by use of the tiebreaking system, a single team point shall be added to the prevailing team. The method of recording the score in breaking team ties shall be the score followed by the letter of the criterion that broke the tie (e.g. Team A-16; Team B-17, criterion 5).

SHORE CONFERENCE WRESTLING TOURNAMENT
ADMISSION ROSTER

THIS SCHOOL PERSONNEL FORM **MUST BE RETURNED TO KIM DEGRAW-COLE BY JANUARY 13, 2010**, TO SERVE AS A CHECKLIST FOR COMPLIMENTARY ADMISSION TO THE 2002 SHORE CONFERENCE WRESTLING TOURNAMENT WHEN YOUR TEAM IS INVOLVED IN THE TOURNAMENT. **CLARIFICATION:** IF YOUR TEAM IS PARTICIPATING IN THE PRELIMINARY AND/OR QUARTER FINAL ROUND ON WEDNESDAY, JANUARY 27, 2010, THOSE PERSONS WHOSE NAMES ARE ON THIS LIST WILL BE ADMITTED FREE OF CHARGE. ADDITIONALLY, ONLY THE LISTS OF THOSE FOUR TEAMS THAT ADVANCE FROM THE QUARTERFINALS WILL BE HONORED ON SATURDAY'S SEMIFINAL/FINAL ROUND AT SOUTHERN REGIONAL HIGH SCHOOL.

PLEASE TYPE

_____HIGH SCHOOL

SUPERINTENDENT: _____

ASSISTANT SUPERINTENDENT: _____

PRINCIPAL: _____

ATHLETIC DIRECTOR: _____

COACHES: 1) _____

2) _____

3) _____

MANAGER: _____

* **PRINCIPAL'S SIGNATURE:** _____

* **PRINCIPAL: DO NOT SIGN THIS FORM UNTIL AFTER ALL NAMES HAVE BEEN ENTERED.**

RETURN THIS FORM BY JANUARY 13, 2010 TO:

Kim DeGraw-Cole, Tournament Director
Southern Regional High School,
90 Cedar Bridge Rd.
Manahawkin, NJ 08050
Phone: 609-597-9481
Fax: 609-978-5396 -- Email: kdegrow-cole@srsd.net

**THIS FORM MUST BE COMPLETED BY A PHYSICIAN
DURING THE PERIOD
JANUARY 23 TO JANUARY 29
AND MUST BE PRESENTED TO THE WEIGHMASTER
PRIOR TO WEIGH-INS ON
JANUARY 27 AND January 30, 2010**

DATE: _____

_____ HIGH SCHOOL

To Whom It May Concern:

By my signature below, and by my initials next to each wrestler's name, I attest that on this date the named student/athlete is free from communicable disease and has no condition such that his participation will be harmful to his opponent.

_____ MD.
Coaches must have on January 27 and January 30 (Physician's Signature)

Wrestler's Names/Physician's Initials

<p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p> <p>13. _____</p> <p>14. _____</p> <p>15. _____</p>		<p>16. _____</p> <p>17. _____</p> <p>18. _____</p> <p>19. _____</p> <p>20. _____</p> <p>21. _____</p> <p>22. _____</p> <p>23. _____</p> <p>24. _____</p>
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**The officials will be selected
based on the preferred lists
from the coaches.**

See page 15

Attention Athletic Directors and Wrestling Coaches:

In the spaces below please supply me with a preferred list of referees for the Shore Conference Wrestling Tournament. I am requesting the names of ten officials in a preferred order, #1 being the most preferred official. Any list with fewer than ten or more than ten names will be discarded. Please do not include the names of any people who are employed by your school district or coached for your school district.

NOTE: SINCE THE OFFICIALS USED WILL BE FROM THE SHORE CONFERENCE CHAPTER, INCLUDE ONLY NAMES FROM THAT CHAPTER.

Please return this list to me at the address above on or before January 7, 2010.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Sincerely, Kim DeGraw-Cole

Southern Fax #: 609-978-5396

School

Coach's Signature

Weigh-in Information

As per the state rules interpreter, the following procedures will be followed for the weigh-ins at all four sites on Wednesday, January 27 and for the semifinals/final site on Saturday, January 30, 2010.

- On Wednesday, January 27, the official weigh-ins will begin at 3:30 p.m. Two scales will be available for unofficial weigh-ins for the ½ hour period between 3:00 and 3:30 p.m. so that wrestlers can check their weights prior to the official weigh-ins. A wrestler may check his weight any number of times during the ½ hour unofficial weigh-in period preceding the official weigh-in time. However, promptly at 3:30 the official weigh-in will begin in compliance with the tournament weigh-in regulations. The weigh-ins will begin with the 103-pound weight class and proceed upwards to the 275-pound weight class. All 103-pound wrestlers will weigh-in at the same time followed by all wrestlers from the next weight class, and so on through the 275-pound class.
- As per the state rules interpreter, since this is a tournament, each wrestler may step on and off scale 1 – twice and immediately on any 2nd certified scale once in an attempt to make weight.
- In the event of a late arriving team the following procedures will be followed:
 - The wrestlers from the late arriving school(s) will step on the scale when their class is called along with the other competitors. The competitors who missed their weight class call are to be weighed-in following the 275-pound weight class. Weigh-ins will then conclude.
- On January 27 and January 30, 2010 the two-pound growth allowance will be in effect.
- On Saturday, January 30, the official weigh-ins will begin promptly at 1:00 p.m. with all of the 103-pound weight class wrestlers and proceed upwards to the 275-pound weight class. Once again the scales will be available for ½ hour prior to the official weigh-ins for the unofficial checking of weight by the wrestlers. A wrestler may check his weight any number of times during the ½ hour unofficial weigh-in period preceding the official weigh-in time. The unofficial weigh-in period will be supervised by the weigh master who will conduct the official weigh-ins. Again, the weigh-ins will be conducted in the traditional order of weigh-ins, that is, they will begin with the 103-pound weight-class and proceed to the 275-pound weight class.
- Wrestlers may not leave the weigh-in area during the weigh-in period.
- Any activity that promotes dehydration is prohibited in the weigh-in area. A wrestler engaged in any dehydration activity in the weigh-in area will not be permitted to represent his school in any matches that day.
- Two scales will be available at each weigh-in site.
- Reminder: A wrestler may engage in activities to lose weight before the scheduled weigh-in begins provided the activities do not occur in the weigh-in areas and are consistent with Rule 4-5-3
- Review Rule 4-5